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OUR FREE  
WEBINARS.**



## **DEMYSTIFYING FINANCIAL COUNSELING**

**Wednesday, April 17<sup>th</sup>  
1 p.m. CST**

- How financial counseling works
- Who benefits from financial counseling
- What you can expect when speaking with a financial counselor



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## **REAL STORIES LIVE: EXPLORING THE LINK BETWEEN MENTAL AND FINANCIAL HEALTH**

**Wednesday, May 15<sup>th</sup>  
12 p.m. CST**

- How to turn financial challenges into triumphs
- Learn strategies for improving your financial and mental health
- How our speakers overcame their financial obstacles and improved their mental health



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